



## Carpinteria High Heptathlon

### July 10-11, 2021

	Point Total	100 Hurdles		High Jump			Shot Put			200 meters		Day 1 Total
		Wind	Pts.			Pts.			Pts.	Wind	Pts.	
1 Evan Covell	3736	20.30	278	1.53	5-00	655	10.11	33-02	537	27.30	687	2157
2 Elysia Mitchell	2741	19.43	351	1.33	4-04 1/4	439	7.99	26-02 1/2	399	29.54	515	1704
3 Caitlin Smith	2501	21.24	207	1.36	4-05 1/2	470	8.62	28-03 1/4	440	32.30	333	1450
4 Sarai Covell	1445	21.18	212	1.24	4-00 3/4	350	7.51	24-07 1/2	368	35.28	178	1108
5 Ariana Lounsbury	1423	29.00	0	1.06	3-05 1/2	188	6.40	20-11 3/4	297	34.11	234	719

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Long Jump				Javelin			800 meters		Day 2
Metric	Imperial	Wind	Pts.			Pts.		Pts.	Total
5.01	16-05		562	18.47	60-07	261	2:25.08	756	1579
4.43	14-06 1/4		411	20.70	67-10	302	3:04.51	324	1037
4.46	14-07 1/2		418	21.15	69-04	310	3:04.62	323	1051
3.32	10-10 1/2		165	10.09	33-01	108	3:44.60	64	337
3.70	12-01 1/2		242	19.27	63-02	275	3:22.20	187	704